

# Self-Love and Empowerment



Affirmations  
Card Deck

I am empowered.



I feel confident in  
who I am.



I am free of doubt  
in myself.



I am capable of  
anything.



I am strong and  
capable.



I stand in my  
power.



I am fired up.





I live my life with  
passion.



I have purpose.



I follow my  
dreams.



I take chances.



I am courageous.



I stand up for  
what I want.



My validation  
comes from  
within.



I love myself  
unconditionally.





I love myself  
unapologetically.



I am my favorite  
person.



I am lovable and  
kind.



I am who I  
always wanted  
to be.



I am living my  
dream life.



I seek adventure.



I accept  
challenges as  
lessons.



I am always  
having a good  
day.





I am in control of  
my moods.



I am happy and  
energetic.



Everything  
always works  
out.



Life works out in  
my favor.



I am always  
progressing.



I always make  
the right choice  
for me.



I love my life.



I love myself fully  
and completely.





Nobody tells me  
who I am but me.



I always lead  
with kindness.



I am filled with  
love and  
compassion.



I am perfect just  
the way I am.



I live my life  
authentically.



I am an original.



I am naturally  
beautiful.



I am uniquely  
talented,  
courageous, and  
kind.





I am constantly  
going after what I  
want.



I am all I need to  
make myself  
happy.



I release what no  
longer serves my  
higher good.



I am always kind  
and  
compassionate  
toward myself.



I have  
accomplished  
great things.



I inspire myself  
and others.



I am a gift to this  
world.



I am at peace  
within myself.





I am healed.



I am worthy of  
endless love.



I deserve to live  
my dream life.



I am valued and  
cherished.



I only focus on  
the good.



I am creative and  
talented.



I lift others up.



I am a calming,  
peaceful  
presence.





I have a positive  
impact on people  
around me.



I strive to be the  
best version of  
myself.



I love giving  
compliments.



I love kind  
gestures.



I tell people how I  
feel about them.



I empower  
myself.



I have grown into  
a person I love.



I have become a  
person I am  
proud of.





Nothing is off  
limits.



I continuously  
improve my life.



I am living my  
desired life.



I am living my  
dream life.



I deserve to live  
all my dreams.



I am worthy of  
the life I want.



I can be anything  
I want.



I am happy  
within myself.





Life brings me  
joy.



Confidence  
radiates through  
me.



My life has  
purpose and  
meaning.



I live my life with  
purpose.



I embrace growth  
and change.



I adapt to  
changes in my  
life.



I am constantly  
improving  
myself.



Every day, I work  
toward my goals.





I live without  
fear.



I embrace what  
life has to offer.



I accept life for  
what it is.



I love and accept  
myself.



I am a guiding  
light.



I am a force to be  
reckoned with.



I lead with love.



I am eternally  
grateful for my  
body.





I love my fertile  
mind.



I appreciate my  
kind,  
compassionate  
heart.



I seek peace in  
myself.



I feel loved.



I am complete.



I am so lucky.



I am blessed.



I compliment  
myself daily.





My inner  
conversations  
are kind.



I manifest  
kindness.



I have an  
unwavering  
appreciation for  
myself.



I radiate  
empowerment.



I can do  
anything.

